



Skin Type	Major Identifiers	Cleanser Recommendations	Ingredients to Avoid
Normal	<ul><li>Pores barely visible</li><li>Even skin tone</li><li>Minimal skin sensitivities and blemishes</li></ul>	Micellar water, gel, oil, or cream cleaners with hyaluronic acid to keep the complexion youthful and glowing	
Dry	<ul><li>Small pores</li><li>Dull, rough skin</li><li>Prone to redness and flaking</li></ul>	Micellar water/cream cleaners with humectants such as hyaluronic acid and glycerin	<ul><li>Alcohol</li><li>Retinol</li><li>Salicylic Acid</li><li>Benzoyl Peroxide</li></ul>
Oily	<ul><li> Larger pores</li><li> Shiny/greasy skin</li><li> May have blemishes/blackheads</li></ul>	Gel/foam cleaners that contain salicylic/glycolic acid	<ul><li> Mineral Oil</li><li> Petrolatum</li><li> Alcohol</li></ul>
Combination	<ul> <li>Medium sized pores in T-zone</li> <li>Oily in T-zone</li> <li>May have blemishes/blackheads</li> </ul>	Gel/foam cleaners that contain glycolic/lactic acid	<ul> <li>Alcohol</li> <li>Retinol</li> <li>Salicylic Acid</li> <li>Benzoyl Peroxide</li> <li>Mineral Oil</li> <li>Petrolatum</li> </ul>
Sensitive	<ul> <li>Fine/Larger pores</li> <li>Redness, itching and dry skin</li> <li>Prone to irritation</li> </ul>	Cream cleaners/micellar water that are hypoallergenic and sulfate-free	<ul><li>Perfumes</li><li>Fragrances</li><li>Preservatives</li></ul>