

Microneedling Pre-care Instructions



Prior to your microneedling session, please observe the following:

- Avoid Accutane 6 months prior to your treatment.
- Avoid IPL/Laser procedures, unprotected sun exposure, or sunburn for at least 2 weeks prior to your treatment.
- Do not receive Botox injections less than 2 weeks prior to treatment.
- Avoid blood-thinning agents for one week prior to your treatment.
- No waxing, depilatory creams, or electrolysis to the area being treated 5-7 days prior to your treatment.
- Do not use retinoids, exfoliants, topical antibiotics, or acids 5-7 days prior to your treatment.
- Do not take anti-inflammatory medications such as ibuprofen, Motrin, or Advil for at least 3 days prior to your session.
- If you are prone to cold sores, take an antiviral agent for 2 days prior to and on the day of the treatment.

On the day of your appointment, please observe the following:

- Do not apply makeup or remove it before coming in for your session.
- Do not shave the treatment area the day of your treatment to avoid skin irritation.